



Maria K Coaching & Mentoring

Operated by: Blássi Solutions Private Limited

23 Mangan, Big White House, Canacona, South Goa, India – 403702

Email: info@maria-k.life • Phone: +91 8412891828

CIN: U80900GA2021PTC015092 • PAN: AAKCB4001B

(Not registered under GST – export services only)

Executive Coaching for High-Achieving Leaders in Transition

PROGRAM OVERVIEW

Target Audience: C-suite leaders, senior executives, and high-potential talent

Program Title: Executive Coaching for High-Achieving Leaders in Transition

Key Outcomes:

- Enhanced clarity and executive decision-making
- Emotional regulation and burnout prevention
- Personal alignment with organizational goals
- Strengthened resilience and long-term leadership effectiveness
- Support for employee wellbeing and leadership optimization

PROGRAM STRUCTURE

Duration: 3-month minimum engagement

Format: Weekly 60-minute 1:1 sessions (via Zoom)

Language: English

Time Zone Availability: EU, UK, U.S. Eastern & Pacific Time

Support Includes:

- Discovery & Goal Setting Session
- Weekly 1:1 Coaching Sessions (12x live sessions)
- Progress Reviews & Midpoint Assessment
- Email Check-ins (48h response)
- Emergency sessions as needed
- Final Debrief & Recommendations Report
- Curated practices and personalized tools (Google Drive)
- All HR/procurement documentation (contracts, NDAs, etc.)

Optional Add-ons:

- Monthly peer session (when aligned)



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PROCUREMENT & PAYMENT TERMS

Pricing: £6,000 GBP / €7,000 EUR / \$8,000 USD

Invoicing: Issued per engagement.

Payment Terms: Full payment due within 7 days of invoice (or Net 30 if agreed in writing)

Alternatively, a 50/50 split may be offered:

- 50% deposit due upon booking confirmation
- 50% balance due at the midpoint of the program (e.g., by Week 6 in a 12-week program)

Payments are to be made via bank transfer in convertible foreign exchange, to the account provided on the invoice.

Cancellation Policy:

- Cancel >7 days before: no charge
- Cancel <7 days: 50% invoiced amount due
- Same-day/no-show: 100% billed

In case of coachee absence, reassignment or pause may be arranged upon request

BUSINESS DETAILS

Operated by: Blássi Solutions Private Limited

Location: Goa, India

Legal Status: Private Limited Company (India)

Company ID: CIN: U80900GA2021PTC015092

Tax ID: PAN: AAKCB4001B

Registered for export of services (not GST-registered)

CONTACT

Primary Contact: Maria Karpasitis

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Website: maria-k.life/for-corporate-leaders

EXPERIENCE & CREDIBILITY

Maria Karpasitis is an experienced executive coach and mentor with over 10 years of working closely with high-performing individuals, leaders, and founders across Europe, the U.S., and India. Her approach combines deep personal insight with strategic guidance to support lasting transformation.